

**Carson City Health and Human Services
Chronic Disease Prevention and Health Promotion Section Report
Advisory Council on the State Program for Wellness and the Prevention of Chronic Disease**

Thursday, August 17, 2017

New Staff

- Hired a new Public Health Nurse part-time to work on opioid crisis and diabetes prevention.

Other Health Department News

- The Community Health Needs Assessment (CHNA) draft was released for public comment. It is in the process of being finalized. The Community Health Improvement Plan priorities will be discussed at Carson City's Board of Health meeting on September 21st.

Staffing Matrix for Chronic Disease from State of Nevada Department of Public and Behavioral Health

- 55% of 1 FTE (Public Health Nurse) - Tobacco Core Funding
- 30% of 1 FTE (Public Health Nurse) - FHN Funds
- Diabetes Funding – Anticipate \$11,000/year (MOU from Dignity Health – Through DPBH) Part Time Public Health Nurse
- SAPTA Block Grant - Opioid Crisis Prevention (Public Health Nurse - 20 hours/week) and Education of Tobacco Merchants – (Community Health Worker – approximately 16 hours/week) – This funding for CCHHS is being cut due to a reduction in the grant to Partnership Carson City.

Programming

Diabetes Prevention and Control Program

- Diabetes training and education to providers on the statewide toolkit began.
- Fourteen (14) more providers have been reached in Carson City and Lyon County with the tool kit and referral process for Diabetes Prevention Program and Diabetes Self-Management Programs. This brings our total to 24, which exceeded our goal of 20.
- Plan to continue training on toolkit in 2017-18 with follow-up to providers reached in 2017.
- Difficulties continue to get into provider practices with no incentive to provide, such as lunch or breakfast and we are competing with pharmaceutical companies for their time.

Tobacco Prevention and Control Program

- WNC will be implementing their 100% Tobacco Free policy in Fall 2017. There are some second readings to be completed with College Councils and Faculty groups. Education and marketing has started and a Tobacco Free Campus will be implemented when students and staff return with the final policy to be signed by November 2017. Some members of our WNC Healthy Campus Committee have also been providing technical assistance to TMCC Tobacco Free Committee as they have run into some barriers.
- Tobacco Merchant Assessment: We have started assessing all of our tobacco merchants in Carson City on training of employees for carding and sales of tobacco. This assessment will be used to find the gaps and barriers to merchant training. It also allows us to complete a “remind



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and reward” program to merchants doing a great job. This program will be forced to be eliminated 9/30/17 due to funding cuts from DPBH to Partnership Carson City under the SAPTA Block Grant.

- Provider Guide to Tobacco and Nicotine Billing is being presented to providers to remind them to use all ICD 10 diagnosis codes for nicotine dependence and exposure to second hand smoke. Providers are reminded that at every visit they assess tobacco status and should use diagnosis codes. A patient who states they use tobacco should have diagnosis code placed on record. This will allow us to start obtaining some data on smoking and costs.
- Completed Education and Training to Carson High School Health Classes on Tobacco and Nicotine Addiction and Prevention. Some staff attend this education and are surprised at the other tobacco products and statistics of electronic use with youth
- Legislative session ended and tobacco did not have any wins this year. Adding electronic cigarettes/vaping to the Clean Indoor Air Act did not get of committee. Taxing of electronic cigarettes or e-juice also did not make it out of committee.
- Multi-unit housing efforts: We completed our first Multi-unit housing Seminar for Landlords and Managers in Carson City and surrounding areas. This was a project in partnership with our Sheriff, Fire, Code Enforcement, and Human Services. We had excellent feedback and class evaluations. There were a total of 15 attendees. Within a week we had additional feedback from a manger about an issue she had on her complex and was able to resolve quickly because of information and contacts provided at the seminar. Additionally we now have 10 known MUH complexes or property management agencies with smoke-free policies. Several have allowed us to place them on our gethealthycarsoncity website for link to their complexes. Now, there are over 900 units as smoke-free in Carson City.
- Nevada Tobacco Prevention Coalition: Continue work of implementing the strategic plan is in effect with updates by committees at Board meeting. The General Membership meeting in June 2017 had some great presentations by Baby & Me, WNC Journey to be Tobacco Free, and the Quitline outcomes report. The Northern Nevada Action Committee also chose to change the priorities of the committee to be more action oriented, which now includes problem solving, networking, and brainstorming; exploring solutions to bridge the gap in cessation services in Northern Nevada; increasing public awareness of tobacco issues in Northern Nevada; building relationships with casinos and workplaces; and increasing promotion of the Nevada Tobacco Quitline.
- Completed an assessment of Carson Tahoe Health System employee cessation benefits. Carson Tahoe is the largest employer in Carson City and they recently hired a new Employee Assistance Program, which provides a comprehensive cessation program. This was great news as their medical benefit provider does not offer cessation services.
- Initial meetings have begun with Carson Tahoe Health System to work on direct referrals in the electronic record system to Nevada Quitline (National Jewish Health Hospital). This electronic system upgrade would create a pop-up alert to staff when smoking assessment completed to



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refer patient to the Quitline for cessation. This referral system will utilize the connection of the Nevada Health Information Exchange.

- Smoke-free Carson City efforts have started to create events in Carson City that are smoke-free. The Carson City Fair Board agreed to have their event be smoke-free with designated areas. We provided signage for the event.

Opioid Crisis - Prevention

- At the time of this report, this program will be forced to be eliminated 9/30/17 due to funding cuts from DPBH to Partnership Carson City under the SAPTA Block Grant.
- Carson City Health and Human Services has begun prevention work on opioid crisis. Development of tools, fact sheets, infographics, and legislative changes has been completed. These tools are now being used to meet and educate healthcare providers in Carson City and surrounding areas. Providers reached at this time have been 19. Seven of those have been met in person with very positive feedback on the information provided. Some is very new and appreciated tools left for providers.
- Meetings with Carson City Sheriff have occurred to address issues they are facing with the crisis and identify resources or assistance that CCHHS can help. Currently they are interested in Narcan (naloxone) supply and education for their officers to use for accidental exposure to an officer. They also have interest in developing policy and protocols related to Narcan in the department.
- CCHHS has created a campaign called "If You Care, Don't Share". This campaign directs those with opioids to not share their prescriptions or medications. A set of facts are attached to the campaign, such as most teenagers tried their first opioid from a friend or family member providing it.
- Initial steps have started to provide customized discharge instructions to all patients prescribed an opioid.
- Resource Guide for patient access to Narcan and treatment facilities for opioid abuse or misuse has also been created.

Other Programming Within the Health Department

Comprehensive Cancer Control Program

- Through Carson City Clinical Services and Douglas County Clinical Services, pap smears and breast exams are performed in both our Carson City and Douglas County clinics under Title X funding. When indicated, colposcopies are performed in our Carson City clinic.
- The Title X funding is in jeopardy under the federal administration. Our funding is through March 31, 2018.

Community Health Worker Program



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- Within CCHHS Human Services Division, a Community Health Worker program is being piloted within our CSBG grant to work with housing clients that have medical/social needs. This program is going very well.
- This Community Health Worker also works with Tobacco Merchant Education (see above).

Heart and Stroke Prevention and Control

- Workgroup for Heart and Stroke has started back up and one meeting was completed in July. Discussion to re-evaluate the subcommittees and goals was identified as a major component for the task force.

Obesity Prevention and Control

- The Safe Routes to School program has been transitioned to the Carson City Public Works Department as of July 1, 2017. The Safe Routes to School program has been reduced to 80% and the other 20% is Public Works projects that complement the Safe Routes to School program.

